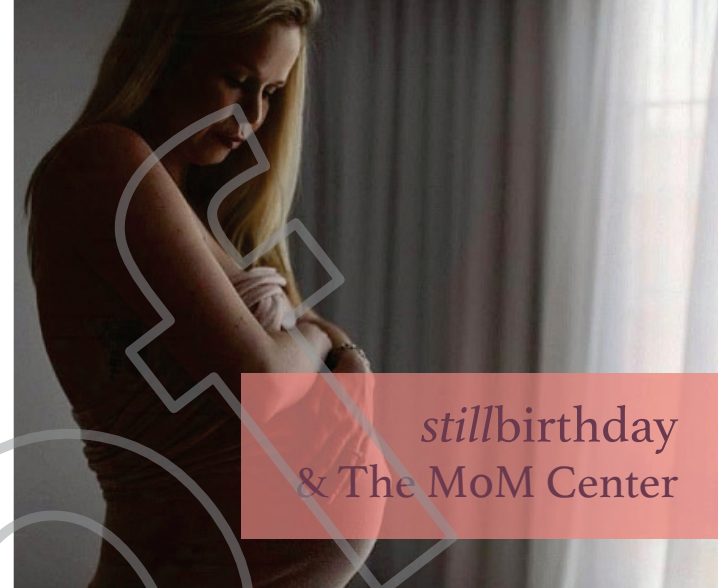




Areas of Support

- stillbirthday.com
- birth plans
- birth methods
- for loved ones
- find a doula
- postpartum care
- photos & stories
- global resources
- become a doula
- The MOM Center
- prayer room
- support groups
- maidenhood class
- birthing class
- access to doulas
- Love Cupboard
- maternity boutique
- volunteer



stillbirthday
& The MoM Center

About stillbirthday (SBD) & The MOM Center

Stillbirthday began in 2011, with the simple truth that a pregnancy loss is still a birthday. With free, printable birth plans for birth in any trimester, we changed the paradigm of miscarriage and stillbirth.

We continue to include the most up-to-date support for families facing bereavement from any source during the perinatal season, including adoption, NICU and more.

While we hold bereavement care especially dear, we also lovingly and skillfully provide traditional birth doula, postpartum and lactation support.

The MOM Center (acrostic, *Mothering Our Mourning*, with the stillbirthday zero in its center) is a community center for girls, mothers and women of all seasons. Some say our center is a safe place to give birth to healing.

a pregnancy loss is still a birthday



Connect with us!

www.stillbirthday.com

Support for birth. Support for bereavement.
Support for you.

your nearest SBD® Doula



The MOM Center
101 W. Washington Street | Kearney MO | 64060
816.343.4615

www.stillbirthday.com
www.healingbirthcenter.com





The Advancement of stillbirthday

- stillbirthday began 2011
- Birth & Bereavement Doula® (SBD) program
- SBD training praised by distinguished professionals: Dr. Laura Shlessenger, Polly Perez, Steve Butler, Rebekah Mitchell, Crystal Niehoff, Kym Morris and others
- praised by HuffPost, Dr. Alan Wolfelt & others
- recognition from Ronald Reagan Library regarding Proclamation 5890
- two international film credits: Return to Zero & MicroBirth
- federal registration of stillbirthday Birth & Bereavement Doulas®
- receive Commander's Coin sharing stillbirthday at military event
- international connections & doulas
- The MOM Center (stillbirthday headquarters) opens first location
- federal authorization to regulate the profession of Birth and Bereavement Doula®
- specialized Church & Campus Doula program offers new internal ministry in congregations
- SBD mentors, midwives of thanatology & more
- expanded reach: obstetrical fistula, Mingi
- supported 09 million families in first 05 years
- goal to open Palliative Birth Center
- goal to establish non-profit for doula missions



The Detrimental Impact of Pregnancy & Infant Loss

- postpartum depression | in any trimester
- shame | body blame | stigma
- intrusive medical procedures | birth trauma
- self esteem | identity | worth
- financial | unforeseen expenses
- friendships | platitudes | embarrassment | jealousy
- marriage | masculine v. feminine grieving
- intimacy challenges | fertility
- defining loyalties | to baby | to feelings
- spiritual health | religious platitudes
- secondary health issues | aches | sleep disturbance
- social health | baby showers | family events
- children & siblings | confusion | blame | identity
- subsequent pregnancy | fear | panic | dread
- infighting | lying & suspicion among grieving moms
- inappropriate values placement | comparison

There is support. There is stillbirthday.



Birth in Any Trimester

Did you know?

In the United States alone, women endure through miscarriage every minute. Every minute.

More than 7,000 babies will be stillborn today, and 1,500 American mothers will give birth to babies not alive.

One in two babies in the United States do not reach two months of age.

Stillbirthday believes that Birth & Bereavement Doula support ought to be as accessible as basic CPR, and so we make our program affordable and accessible so that the SBD doulas are, too.

Stillbirthday has challenged the paradigm regarding pregnancy and infant loss and has called upon its rightful recognition: the birth and the death that it is. We've opened first trimester birth options to include safely laboring with a SBD® doula or even, experiencing a home water birth.

Every mother ought to have the informed right to choose to include a Birth & Bereavement Doula at her birth. In any trimester, in any outcome.